ALLERGY STATISTICS

- One in four of us will suffer from a serious allergy.
- Childhood asthma rates remain high, with one in five children now affected.

COMMON ASTHMA TRIGGERS

- 55% of asthma sufferers have an exacerbation during the summer.
- 37% of asthma sufferers have asthma that is triggered by exercise.
- 30% of asthma sufferers have asthma that is triggered by certain foods.

PEANUT ALLERGY

- One in 70 children suffer from a peanut allergy.
- 1% of children in the UK have a peanut allergy.

ASTHMA ACROSS THE UK

- Asthma prevalence is thought to have doubled since the late 1980s.
- Scotland has the highest rate of asthma, with 6.8% of the population affected.
- Northern Ireland has the lowest rate of asthma, with 2.3% of the population affected.

The Portland Hospital
For Women and Children